UniGames Camp 2015 Menu

GF = Gluten free  
V = Vegetarian  
VE = Vegan  
LF = Lactose free

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| **Day\Meal** | **Breakfast** | **Lunch** | **Dinner** |
| **Friday** | - | - | * Pasta (LF) (VE) * Bolognese sauce (GF) (LF) * Vegetarian sauce (VE) (GF) (LF) * Gluten-free pasta (VE) (GF) (LF) |
| **Saturday** | * Cereal (VE) * Toast (VE) (LF) * Gluten-free bread (GF) (LF) (VE) * Fruit (GF) (VE) (LF) | * Beans (GF) (VE) (LF) * Eggs (GF) (V) (LF) * Bacon (LF) (GF) * Vegetarian bacon (VE) (LF) * Bread/Gluten-free bread (GF) (LF) (VE) * Green salad (VE) (GF) (LF) | * Sausages (LF) * Vegetarian sausages (VE) (GF) (LF) * Roast veggies (VE) (GF) (LF) * Bread rolls (VE) (LF) * Gluten-free bread (VE) (GF) (LF) * Green salad (VE) (GF) (LF) |
| **Sunday** | * Cereal (VE) * Toast (VE) (LF) * Gluten-free bread (GF) (LF) (VE) * Fruit (GF) (VE) (LF) | * Sausages (GF) (LF) * Vegetarian sausages (VE) (GF) (LF) * Roast veggies (VE) (GF) (LF) * Bread rolls (VE) (LF) * Gluten-free bread (VE) (GF) (LF) * Green salad (VE) (GF) (LF) | * Noodles (VE) (LF) * Gluten-free Noodles (VE) (GF) (LF) * Green salad (VE) (GF) (LF) |
| **Monday** | * Cereal (VE) * Toast (VE) (LF) * Gluten-free bread (GF) (LF) (VE) * Fruit (GF) (VE) (LF) | - | - |

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| **Snacks available for free** | * Bread (VE) (LF) * Gluten-free bread (GF) (VE) (LF) * Condiments (GF) (VE) (LF) * Cheese (V) (GF) * Fruit (GF) (VE) (LF) * Cereal (VE) * Tea and coffee (GF) (VE) (LF) |
| **Snacks available for purchase** | * Doritos (VE) (LF) * Popcorn (GF) (VE) (LF) * Chocolate bars/blocks (V) (GF) * Cans of soft drink (GF) (VE) (LF) * Fruit juice (GF) (VE) (LF) |